

Tidsskjema Ørstaleikane søndag 22. august

	40m	60m hekk	80m hekk	100m hekk	110m hekk	200m	1500m	Lengde 1	Lengde 2	Tresteg	Liten Ball	Spyd	Diskos
Rekr.7	11:40(19)										11:00(19)		
Rekr. 8	11:00(6)										11:40(6)		
Rekr. 9	11:10(12)										12:00(12)		
10-12 år													
G-10		12:10(3)				13:30(3)		12:30(5)				13:45(4)	11:40(1)
G-11		12:15(3)				13:35(7)		12:50(6)				13:45(6)	11:40(1)
G-12		12:30(2)				13:45(4)		14:00(4)				14:30(4)	11:40(2)
J-10		12:20(5)				13:50(9)		11:30(13)				12:45(4)	
J-11		12:25(3)				14:00(8)		14:40(8)				12:45(5)	11:00(2)
J-12		12:35(3)				14:10(4)		14:00(4)				12:45(2)	11:00(2)
13-14 år													
G-13		12:40(2)				14:15(4)	15:00(1)	13:15(5)				14:30(3)	
G-14			12:55(2)			14:15(2)	15:00(1)		13:45(3)			15:20(2)	11:40(3)
J-13		12:45(1)				14:20(3)		13:40(5)				15:00(4)	11:00(5)
J-14		12:45(1)				14:20(3)	15:10(2)		13:45(3)				
15 år og eldre													
G-15				13:05(1)			15:00(2)			12:45(2)		15:20(1)	12:15(1)
G-16						14:25(2)	15:00(1)					15:20(1)	12:15(1)
G-17					13:10(1)	14:30(4)				12:45(1)		15:20(1)	
Jr. M 18-19										12:45(2)			
J-15						14:35(1)	15:10(1)			12:00(4)		15:20(1)	12:15(2)
J-16						14:35(2)	15:10(1)			12:00(1)			
J-17				13:05(1)		14:40(2)				12:00(1)		15:20(1)	12:15(1)
Jr. K 18-19						14:40(2)	15:10(2)			12:00(1)			
MS						14:25(1)	15:00(1)						12:15(1)